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## SIGNATURE SALAD BOWLS

### **Teriyaki Chicken Bowl**

Pan fried garlic chicken breast, egg noodles, mirin carrots, baby leaf salad, cherry tomatoes, chargrilled sweetcorn and edamame beans in our homemade sticky teriyaki sauce.

### **Bulgogi Steak Bowl**

Bulgogi marinated seared steak, Korean rice, tenderstem broccoli, baby leaf salad, chargrilled sweetcorn, cherry tomatoes and edamame beans in our homemade savoury umami garlic soy sauce.

### **Tofu Bowl**

Tofu, baby leaf salad, mirin carrots, chargrilled sweetcorn, sweet potato, cherry tomatoes and edamame beans in our chilli honey dressing.

### **Thai Style Prawn Bowl**

Prawns, rice noodles, baby leaf salad, chargrilled sweetcorn edamame beans, mirin carrots, cherry tomatoes and cucumber in our Thai spicy sauce.

**EXTRAS:** Avocado (+£1.00) | Korean Marinated Egg (+£1.50) | Extra protein (+£1.50)  
| Fried Shallots (+£0.50)

# CUSTOM BOWLS

S (27g protein) M (38g Protein) L (49g Protein)

## **Select Your Protein:**

Pan Fried Garlic Chicken

Bulgogi Steak

Thai Chilli Lime Prawns

Pan Fried Tofu

## **Select Your Base:**

Salad

*Baby leaf salad, mirin carrots, chargrilled sweetcorn, sweet potato,  
cherry tomatoes, edamame beans*

Rice noodles

*Rice noodles, baby leaf salad, edamame beans,  
mirin carrots, cucumber, chargrilled sweetcorn, tomatoes.*

Korean Rice

*Short grain rice and wild rice, tenderstem broccoli,  
baby leaf salad, chargrilled sweetcorn, cherry tomatoes, edamame beans*

Egg noodles

*Egg noodles, mirin carrots, baby leaf salad,  
cherry tomatoes, edamame beans, chargrilled sweetcorn*

## **Select One Sauce**

Teriyaki

Karakuchi (Garlic Soy Sauce)

Chilli Honey Sauce

Soy Vinaigrette

Spicy Thai Dressing

**EXTRAS:** Avocado (+£1.00) | Korean Marinated Egg (+£1.50) | Extra protein (+£1.50)  
| Fried Shallots (+£0.50)

ALLERGEN INFORMATION FOR ALL DISHES IS AVAILABLE. PLEASE SPEAK TO A MEMBER OF STAFF BEFORE ORDERING.  
FULL DETAILS CAN BE FOUND IN OUR **ALLERGEN SHEET**.

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## DRINKS

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### Matcha Latte (Iced)

Creamy earthy matcha, Jersey milk and a hint of honey syrup - energising and calming.

### Raspberry Matcha Latte (Iced)

Homemade sweet and tangy raspberry syrup with our matcha latte - packed with antioxidants, rejuvenating and boosts energy.

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### Coconut Cloud Matcha Latte (Iced)

Matcha with coconut water - refreshing and supports increased focus through it's natural hydration.

### Black Sesame Matcha Latte (Iced)

Our Matcha Latte combined with our homemade roasted black sesame paste - Supports digestive health, rich in nutrients and helps reduce stress.

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### Hong Kong Style Lemon Tea (Hot/Iced)

Staple drink in Hong Kong, black tea with fresh lemon slices, sweetened with homemade honey syrup - Refreshing, anti-inflammatory and improves concentration.

### Jasmine Milk Tea (Hot/Iced)

Our premium grade Jasmine tea infused into Jersey milk - Relaxing, soothing and calming.

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### Jasmine Lemonade (Iced)

Florally Jasmine tea with a hint of sweet honey syrup and our bright, zingy homemade lemonade - Calming in aroma, sharpening in focus and brightening.

### Jasmine Tea (Hot/Iced)

Premium Jasmine tea, perfectly steeped for a harmonious balance of flavour and floral aroma — easing tension and uplifting your wellbeing.

EXTRAS: Organic Whey Protein Powder (+£1.45) | Oat milk (+60p) | Soy milk (+60p)

ALL OUR DRINKS ARE MADE WITH NON REFINED SUGAR - NATURALLY SWEETENED WITH HONEY SYRUP.  
PLEASE SPEAK TO A MEMBER OF STAFF FOR ANY **ALLERGIES OR REFER TO OUR ALLERGEN SHEET.**